

JANUARY 2018

Crawford County Care Center

20881 St. Hwy 198 Saegertown, PA 16433 (814) 763-2445



***Marjo Webster, NHA**

(Administrator)

***Kim Foulk, RN**

(DON)

***Ronald Unice, DO**

(Medical Director)

***Pam Schultz, ADC**

(Activity Director)

***Ryan Paden**

(Business Development Manager)

***Paula Bartges, RDN, LDN**

(Director of Nutritional Services)

***Shayne Long**

(Director of Environmental Services)

***Pam Dillenkofer, RN, BSN, RAC-CT**

(Case Manager)

***Janice McKinney**

(Medical Records)



A group called "The Knotty Ladies" are making tie blankets and are donating them to the children in the foster care system.

NEWS FROM THE ADMINISTRATOR

Crawford County Care Center begins 2018 with our annual survey from the Department of Health. Effective November 28, 2017, DOH began a new survey process which was very different from years past. The process was implemented to ensure all areas of care are reviewed and each resident is interviewed, observed and a chart review is completed. After two days of gathering information the surveyors begin their investigation. After four days of completing the new process, I am happy to announce Crawford County Care Center received only three citations! When the new process started the average citation in the state of Pennsylvania was 25.

I cannot thank all of the residents, families, and each and every employee for a job well done!

As we continue into 2018, the Care Center is planning many exciting projects. Recently, The Crawford County Commissioners had asked for the Care Center to begin to serve meals to those individuals residing within the Quality Living Center. Paula Bartges, CCCC registered-dietitian, took on this massive project. Paula along with her 21 dietary employees and the assistance of the Care Center's maintenance department successfully delivered their first meal on January 1. The Care Center will continue to collaborate with the Quality Living Center to assist in any way to their success.

The secured care unit has been a major focus of the staff in recent months as new studies show significant improvements for those diagnosed with cognitive impairments. The Care Center is drafting plans to expand the unit. Our plan is to provide more space to the residents and encourage the staff to work in smaller groups, shorter time frames, and more personal approach. We have developed a team lead by Joanne Baker, Director of Absolute Therapy, to develop and implement this process. The team will be embarking on a journey to an assisted living facility in Ohio that specializes in Dementia and uses the Allen Cognitive Theory to witness for themselves' the program in action.

We look forward to sharing more about the security unit as the months go on.

The Care Center also plans to improve the look of the building by creating more space and an open feel to our nurses' stations. We are currently working with EADS group, who is drafting plans that will be submitted to the Department of Health for approval. So be sure to be on the lookout for an upcoming facelift.

There are so many positive changes that are happening at the Care Center. We encourage you to share your comments concerns, suggestions to the administrative staff or myself because without the residents, families and the staff we wouldn't be able to continue to provide you with the quality, commitment, dedication.

We hope that your 2018 is off to a great start. Think Spring.
Submitted by MarJo Webster, NHA

Remodeling of the Beauty Salon

The Crawford County Care Center is updating the décor of the beauty shop and is asking for your assistance. We would like to have any copies of the different hair dos from the different generations that you may have of your family members. Please submit them to Janice McKinney at JMcKinney@co.crawford.pa.us. We are asking you to attach the year that it was taken if you have the knowledge of it. Thank you for your assistance.

Submitted by:
Janice McKinney

Environmental Services

For the fourth quarter of 2017 there have been numerous changes and improvements in the Environmental Services Department. We have purchased a 2017 Ford F-250 equipped with a snow plow and salt spreader. The purchase will allow CCCC to save money in snow removal and to assist the QLC with their snow removal as well. We have installed 2 new 170 pound dryers in the laundry department. The new dryers replaced 2 dryers that were 29 years old that no longer have parts available. CCCC has had EADS engineering group come in to start the process on a couple renovation projects at the Care Center. As a whole, 2017 was a great year for Environmental Services as well as CCCC. We are looking forward to an even better 2018!

Submitted by:
Shayne Long



Making decorations for the winter carnival.

Nursing Corner:

Stay Steady: Tips for Reducing Falls

Help us prevent your loved one from falling. Choose shoes carefully. Make sure your loved one has shoes that are comfortable, slip-resistant, have good cushioning and are easy on/off.

Notify staff when you are leaving after a visit. Sometimes family/friends leaving after visiting can cause a resident to become more anxious and increase their risk of falling.

COMING SOON!

Be on the lookout for our new glass boards! Each unit will have a glass board on display outside the nurses' stations identifying the RN, LPNs & CNAs responsible that unit on each shift.

Submitted by:
Kim Foulk, DON

Lost Clothing Days February 9th-11th Conference Room A

Has your loved one lost their favorite shirt? Did they get a new sweater for Christmas that hasn't been seen in weeks?? Check out "Lost Clothing Days" in conference room A !!

The Social Service department will be displaying "found" clothing items February 9th through the 11th so stop in and claim your lost items.

Just a reminder: WHEN BRINGING IN CLOTHING FOR YOUR LOVED ONE, PLEASE GIVE ITEMS TO STAFF TO BE LABELED WITH THEIR NAME. Our goal is to never need another "lost clothing day" again!

Any clothing not claimed will be donated to those in need.

Activity Happenings

Happy New Year! The activity department is heating up in the month of January while celebrating the winter season, and all it has to offer.

Celebrating "Old and New friendships" with our Red Hat Tea, Paint and Sip Party, Snowball fights, Snowman contests and crafting. The Knotty Ladies will be tying blankets for our community project, ending the month with a Winter Carnival.

The activity department is bringing the New Year in with the latest technology. The department has purchased three Google Home minis. Residents can play trivia games, listen to any requested music, be educated on different subjects, and listen to a story, or laugh at a joke.

On January 24, Activities will begin to take orders for Valentine flowers to be delivered to your love one on February 14th, the cost is \$1.00 per carnation. If you are interested contact Pam in the Activities Department.

In February we will be celebrating the month of love. Our love for puppies will have our Men's club making dog toys, and our Red Hats group will be making dog treats to be donated to the Crawford County Humane Society. We will be crowning our King and Queen during the Valentine's Party on February 14th at 2 pm.

March is the month of "The Luck of the Irish". We will be Armchair traveling through Ireland. Celebrating the green with a St. Patrick's Day Party, ending the month with a Spring Fling evening dance. On Saturday, March 24th we will be hosting an Easter egg hunt. The egg hunt will begin at 2 pm and it is for the children and grandchildren of the staff and residents. See the activity department or receptionist for more details as the time for the events draw closer.

Family is always welcome to accompany loved one to activities. Please check out our Facebook page for photos of our events. If you have any questions, please contact Pam in Activities and be sure to check the calendars for more events and times.

Submitted by Pam Schultz, ADC



Valetines Day

On February 14th at 5:00 PM Crawford County Care Center will be hosting its first annual Sweetheart Dinner. The evening will be fulfilled with glitz, glitter and the bubbly. Please make your reservations with the receptionist by February 6th at (814) 763-2445. Limited two family members per resident.

The Supportive Care Unit will be hosting their Sweetheart Luncheon at 12:00 PM in the dining rooms on their unit. Please RSVP to the receptionist by February 6th.



Spending time with our friends as we play checkers.

CCCC
20881 St Hwy 198
Saegertown, PA 16433

Postage
Information

Upcoming Events

1/3/18- Knotty Ladies and Toys for Tots will be teaming up to provide blankets and toys for children whom are placed into foster care.

2/2/18- We will be having our Souper Bowl Luncheon, donations of homemade soup will be judged by the residents to see who will be the Souper Bowl Champion. Look for more details in the future.

2/13/18- We will be having a pancake breakfast for staff to celebrate "Fat Tuesday" and a party for the residents later in the day.

2/15/18-2/20/18- We will be taking donations for our local animal shelter. We will be accepting Toys, Treats, Food and other items. We will be delivering to the shelter on 2/21/18. Look for fliers with more details.